



Young Mums

**18 YEARS OLD AND YOUNGER
AND JUST HAD A BABY?**

JUST RECENTLY FOUND OUT YOU'RE PREGNANT?

DON'T KNOW HOW TO MOVE FORWARD?

**NEED SUPPORT IN HOW TO LOOK AFTER YOUR
NEWBORN BABY?**

**ELONWABENI
HEALTH CENTRE**

**We want to help!! Call 021 370 0072
083 707 7406**

Bonny-Lee / Nurse Carol